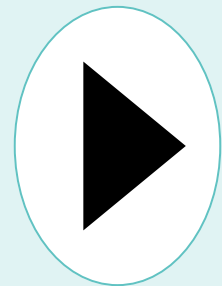


Causeway Community

Help is at hand...



**Directory
of useful
Services for Older
& Vulnerable People**



Ballycastle & The Glens

Good Morning Ballycastle

Older and vulnerable residents

Daily phone calls

Tel: 028 2076 8309

Cushendall Development Group

Cushendall, Cushendun and Glenariff

Support for elderly, vulnerable, self isolating

Tel: 028 21771378

Email: cushendall@nacn.org

Facebook : <https://www.facebook.com/cushendall.development/>

Solas Moyle

Ballycastle and surrounding areas

Offering a regular telephone chat with one of their volunteers and can also signpost to our group activities and individual talking therapies as required (group activities are changing as we add new activities). If you would like to refer anyone, please email stephanie@solasmoyle.org.uk

Facebook : Solas Moyle

T : 028 203 90135 (leave a message)

Ballycastle Foodbank

Dalriada House, Coleraine Road
Ballycastle

info@ballycastle.foodbank.org.uk

T : 028 207 69555 / 07801630467

Moycraig Young Farmers Food Drop

Support to Older and Isolating people via food drop off.

T. 07725899339 / 07821602547

Facebook : Moycraig Young Farmers

Living Well Moyle

Currently providing telephone support and link to services for those living in the Moyle area who have one chronic condition and have had one attendance at Accident and Emergency or Hospital Admission in the last year.

E : Terri.campbell@ageni.org /

Sandra.watton@ageni.org

Armoy Coronavirus Support Group

Giving people the opportunity to request assistance, recommend someone who needs assistance or to volunteer to help.

See the below link—

<http://bit.ly/armoycoronavirussupport>

Phonecalls and shopping support for those those who are vulnerable or are staying at home to isolate

Tel : 02820751003

Email : aca@armoy.net

Ballycastle Community Development Group

Social contact and information via new website.

T. 07723622008/ 07713008557

w. www.ballycastleconnect.org

Bushmills Coronavirus Support Group

Offering support with Food, postage, fuel, medication, social contact and transport
T. 07747077945

Cushendall Development Group/ Cushendall Coronavirus Volunteer Support Group

Offering support with food and medication delivery.

T. 028 217 71378

Mosside Community Association

Offering support with food delivery, postage, fuel, medication delivery, social contact and transport.

T. 07516973200

Rathlin Development and Community Association

Offering support with food, postage, fuel, medication delivery, social contact and Transport.

T. 07740582670 / 07522550875 /
07598937590

W. <http://www.rathlincommunity.org/>

Friends of Glenariffe

Offering support with accessing food and delivery of medication to those vulnerable and isolating due to COVID-19

T. 02821751020

W. <https://www.facebook.com/friendsofglenariffe.org/>

Groceries

Home Delivery

Moyle Area

Kanes Family Butchers Bushmills

66-68 Main Street, Bushmills

T: 0282073 2636

Free Delivery to all of Causeway locality minimum spend £15 orders taken by phone.

Boyles Spar Supermarket

8-10 North Street, Ballycastle

T: 028 2076 2530

E: boylesballycastle@gmail.com

Free delivery in Ballycastle and Ballyvoy order to be placed by phone before 12pm that day and payment options discussed (payment over the phone cheque or customer to inform staff of the note they will be paying with and delivery driver given change) minimum spend is usually £10 on food other essential items excluding tobacco etc. Subject to staffing.

Euro Spar Ballycastle

6-8 Ramoan Road, Ballycastle BT54 6EG

T: 028 2076 2419

Free delivery in local area daily. Call before 2pm. Orders taken by phone in the morning minimum spend £10.

Ballycastle area only

Vivo Extra Ballycastle

54 Castle Street Ballycastle, Moyle, United Kingdom

T: 028 2076 2268

Free Delivery Ballycastle area groceries coal etc. Order to be phoned through before 2pm minimum spend £10.

McLister's Supermarket

17-19 Ann Street Ballycastle

T: 028 2076 2216

Collection and delivery service.

No minimum spend. Preferably payments taken over the phone.

Delivery service in Ballycastle.

Ballycastle Farm Shop

27 Glenview Road, Ballycastle, County Antrim BT54 6QE

T: 028 2076 2235

Meat products. Free local home delivery Monday to Saturday minimum order £25.

Fresh Cut Direct NI

Delivery of Grocery pack of fresh produce including meat vegetables milk and eggs worth £20 pick your contents. Free delivery. Payment over phone by card, paypal or cash.

T: 07871524571

McCaughans Mace Armoy

15 Main Street Armoy

T: 028 2075 2333

Free delivery 4-5mile radius, winter delivery of coal etc. no minimum spend. Card payment over the phone. Delivery to gate.

Costcutters Cushendun

5 Main Street, Cushendun BT44OPH

T: 0282176 1355

Free delivery in Cushendun area, minimum spend £20. Payment over the phone, via website or by cash.

McKillop Eurospar Cushendall

2, Coast Road BT44 0RU Cushendall County Antrim

T: 028 2177 1763

Only for existing customers. Free home delivery twice daily 12.30 and 16.30 in Cushendall, Waterfoot and Cushendun. Shopping can be phoned through or done in store and delivered. Price can be given before delivery. Cushendall Development Group may be able to support new enquiries.

Kinney's Butchers

9 Bridge Street BT44 0RP Cushendall County Antrim

T: 028 21771192

Free delivery in the local area for Older People will assess on a case by case basis.

Kearney's Costcutter

21, Main St, Waterfoot

T: 028 2177 1213

Delivery in local area for Older and Vulnerable people only no minimum spend.

Sydney B Scott Delivery of Fruit Veg. And Essentials

Essentials of fruit, veg, milk, butter and bread in readymade boxes. These can be collected at our warehouse or can deliver to home. These boxes come in £10, £15 & £20 sizes. Add as much as you like to a box but they are unable to change boxes. Over the phone by card, via PayPal (account details available on request) or cash (collection from site only) Delivery within a 30 mile radius of Coleraine
E : sales@sydneybscott.co.uk
T : 028 7034 2824 (between 9am - 5pm).

KBC Cash and Carry

Acorn Business Centre Ballymoney
Meat, Frozen Foods, Household Essentials and Drinks Delivered. Free delivery to all of Causeway area, no minimum spend
T : 028 276 67724

Fresh to the Door

Delivery of potatoes, veg., fruit packs, milk. Free delivery on orders over £10. Payments can be made by paypal to - freshtothedoor@gmail.com or cash on Delivery.
T : 028 207 41555 / 07707053288

Wiltshire Farm Foods

Unit 4, Loughanhill Industrial, Gateside Rd, Coleraine BT52 2NR Frozen ready meals delivered with contactless delivery.
T. 028 7035 8880
W. www.wiltshirefarmfoods.com

Lynas Food Outlet Delivery

Wide range of groceries, frozen food and household items £50 minimum spend, delivery charge £3.95 - 4.95
T. 028 70350600
W. www.lynasfoodoutlet.com

Ballymoney

Loughgiel Community Association Hot Meal Delivery for Older and Vulnerable people

Delivering a Hot Nutritional Meal Vulnerable and Elderly in the local community. Please call on the numbers below to offer support or refer a person that needs support.

T : Main Office 02827641389

Kitchen 02827641802

The Spring Project also has a social prescriber based here, with patients' consent, simply e-mail the name and contact details of any patients you feel would benefit from additional support during the COVID-19

Crisis to -

aohloughgiel@yahoo.com

Dunloy Coronavirus Community Response

In partnership with St Vincent de Paul offering support to any member of the parish who has any issues getting groceries, prescriptions or needs assistance in any way.

T : 07999428502 SVP Confidential Ann

Mary 07871542908

Gary 07803258425

Phillip 07876395470

Dominic 07743660143

Bronagh 07843663116

Email : dunloygaa@outlook.com

Dunloy Active 3G Support

Delivery of a hot meal to older and vulnerable people once a week.

E. dunloy@nacn.org

Good Morning Causeway (Ballymoney)

Older and vulnerable residents

Daily phone calls to check on health and well being

T : 02870558005

The Open Door Ballymoney

Supporting Older and Vulnerable Clients in accessing food. In the planning for a delivery service (soup 4 day supply)

Glebeside, Carnany and Castle Street/ Westgate Covid 19 Support

This is a collaborative approach across the three communities in Ballymoney town to support the most vulnerable.

Helping with essential supplies, a friendly phone call or dog walking where possible. As things develop this could change.

To volunteer please call or search Glebeside, Carnany, Castle Street Covid 19

volunteers on facebook.

T : Glebeside 07419983974 Carnany

07756705361 Castle Street 07907406751;

Westgate 02827668845

Dunloy Football Club

Offering support with food, postage, fuel, medication, social contact, and transport to Older Vulnerable and Isolating.

T. 07709433759

Loughgiel Shamrocks GAC & SVP

Food, postage, fuel, medication, social contact, transport. See Facebook for more

details

T. 07727268894

<https://www.facebook.com/loughgielshamrocks/>

Ballymoney Food Bank

Delivering Food to people in crisis due to COVID-19

Open Tuesdays 10 a.m. - 12.30 p.m.

Fridays 2-5 p.m. at Unit 10, 41 Ballymena Road, Ballymoney.

Email : info@ballymoney.foodbank.org.uk

www.ballymoneyfoodbank.org.uk

T : 07565 840571

Dervock Community Association

Dervock and District coordinating the management and distribution of donated goods. Also we have secured a monetary contribution – a 'Relief' Fund [£1000] to the 'Association' in preparation of further need within the village and surrounding environs.

The 'Association' are asking residents to please help us in identifying those within our communities who would be vulnerable, isolated and require that additional support . The group are focussing on Food parcels,

Prescription deliveries, Grocery Deliveries, Taxi service, Heating Oil [Barrels] delivery, Printing service & Internet access [Community House]

T : 028 207 42568 / 07734888600

Cloughmills Covid-19 Community Support Group

This group can provide help and support for older people and those who are shielding and self isolating in Cloughmills. Services provided are food parcels and picking up prescriptions. Anyone wishing to volunteer with this group can also use this number to register their interest. The dedicated helpline number is 074 6734 6623.

Ballymoney Branch Royal British Legion

Serving Ballymoney, Balnamore, Bendooragh, Dunaghy, Finvoy and Stranocum. Offering Food

T. 07989586750/ 07936266353/
07912435131

Ballymoney Hockey Club

Serving - Aghadowey, Armoy, Ballybogy, Ballymoney, Balnamore, Bendooragh, Derrykeighan, Dervock, Dunaghy, Dunloy, Dunseverick, Kilrea, Mosside, Rasharkin and Stranocum. Offering - Food, postage, fuel, medication, transport support to vulnerable Older and Isolating.

T. 07376851063 / 07821549673

Derrykeighan Community Association

Offering food, postage, fuel, medication, social contact and transport to Older Vulnerable and Isolating.

T. 07762673681 / 07719801384

Origin Farm Ballymoney

Offering social contact to those Older, Vulnerable and Isolating.

E. Dianaramsey72@gmail.com

Stranocum District Development Group

Food, postage, medication, social contact, transport to Older, Vulnerable and people Isolating.

T. 07738406734

E. Jamisoncolette8@gmail.com

W. <https://www.facebook.com/sddg2010/>

Groceries Home Delivery Ballymoney Area

Spar Supermarket Ballymoney

22 John Street, Ballymoney, BT53 6DS
T :028 2766 3150

£20 and over around Ballymoney £3.50 charge if less than £20 order phone through order and pay cash. Ballymoney Town only at present.

Brooklands Today's Local - Ballymoney

1 Balnamore Road, Ballymoney
T : 02827662109

2mile radius Ballymoney and Balnamore minimum spends £20

Spar - Stranocum

2, Main Street, Stranocum
T : 028 2074 1245, Fax - 01303 261400
www.spar.co.uk
customer.relations@spar.co.uk

Deliveries within a 3mile radius £20 minimum Spend

Mace Dunloy

26 Main St, Dunloy, Ballymena, BT44 9AA
028 2765 7269

Free delivery within a 4mile radius around Dunloy. Gas and coal delivery. Deliveries a few times a week. Will assess minimum spend case by case.

Costcutters Dunloy

Bridge Road Dunloy
T : 028 276 57554

Free local delivery 9 - Mon to Fri place an order bu phone and pay with card.

Moores Costcutter, Main Street, Cloughmills

Groceries orders (around £20 minimum spend) received before 12 noon Monday-Friday will be delivered same day. (within approx. 5 miles radius)

T. 028 2763 8228 or by email to moorescloughmills@gmail.com

Brollys Butchers Cloughmills

3 Main Street, Cloughmills

T : 028 2763 8660

Deliveries of meat/fresh produce to you to Older, Vulnerable and Isolating households.

Fullan's Spar - Rasharkin

27 - 33 Main Street, Rasharkin, BT44 8PU
T : 028 2957 1211

Home delivery in the local area around 1 mile radius. Free delivery for reasonable orders, will assess case by case. Order to be placed over the phone and cash paid on delivery.

Costcutter - Kilrea

Maghera Street, Kilrea
T : 028 2954 0437

Free delivery in a 3 mile radius.

McAtamneys Butchers Home Delivery Ballymoney

T : 028 276 68848

Meat products and ready made fresh mealsCall your local store to arrange delivery or collection, minimum spend £20

Lynas Food Outlet Delivery

Wide range of groceries, frozen food and household items £50 minimum spend, delivery charge £3.95 - 4.95

T. 028 70350600

W. www.lynasfoodoutlet.com

Sydney B Scott Delivery of Fruit Veg. And Essentials

Essentials of fruit, veg, milk, butter and bread in readymade boxes. These can be collected at our warehouse or can deliver to home. These boxes come in £10, £15 & £20 sizes. Add as much as you like to a box but they are unable to change boxes. Payment - Over the phone by card, via PayPal (account details available on request) or cash (collection from site only).

E. sales@sydneybscott.co.uk

T. 028 7034 2824

KBC Cash and Carry

Acorn Business Centre Ballymoney

T : 028 276 67724

Meat, Frozen Foods, Household Essentials and Drinks Delivered.

Free delivery to all of Causeway area, no minimum spend

Fresh to the Door

Delivery of potatoes, veg., fruit packs, milk. Free delivery on orders over £10. Payments can be made by paypal to - freshtothedoor@gmail.com or cash on Delivery.

T. 028 207 41555 / 07707053288

Milltown Spar Ballymoney

Pick up and delivery service for Older and Vulnerable people. Place orders before 1pm Mon to Fri.

T. 028 276 62105

E. milltown@hendersonfoods.com

Eslers Spar Ballymoney

Queen Street Ballymoney

Delivery service available

T. 028 276 62609

Chill Foodhall Coleraine

Fresh ready meals, frozen food, meat, sauces and veg including meat packs. Delivery £3-5 to Coleraine and surrounding areas including Portstewart, Portrush and Ballymoney.

T. 028 70327757

E. chillfoodhall@gmail.com

web. www.chillfoodhall.com

Wiltshire Farm Foods

Unit 4, Loughanhill Industrial, Gateside Rd, Coleraine BT52 2NR Frozen ready meals delivered with contactless delivery.

T. 028 7035 8880

W. www.wiltshirefarmfoods.com

Kanes Family Butchers Bushmills

66-68 Main Street, Bushmills

T : 0282073 2636

Meat, meat parcels and fresh produce. Free Delivery to all of Causeway locality minimum spend £15 orders taken by phone.

Food-Drop

We operate mainly between Coleraine, Portrush, Portstewart and Ballymoney. Free delivery anyone who has been asked to 'shield' and orders over £40 Delivery £3.95 (*Coleraine, Portrush, Portstewart and Ballymoney*)

W. www.food-drop.com

Limavady

Parish Nursing Limavady

Telephone calls - health advice consultations over the phone, chronic disease support and management on the phone for reassurance, a check in service and friendly support via the phone, whatsapp or email. Signposting to other services and spiritual and pastoral care that will no longer be available from Churches directly.

Coordination of collection of supplies and befriender connection (via phone) volunteers that will connect with clients via the telephone for reassurance, reduce anxiety, fear or preventing complete isolation.

Parenting support - parents who may struggle to cope with the demands of home schooling or feel socially isolated who may need some ideas/support or just a friendly conversation to rant at.

Mental Health Support . Carer Support - telephone , whatsapp links. letters of support or advice to those caring at home for loved ones. Spiritual and Pastoral Care

Jennifer Gault Parish Nurse

Email : jennifer.gault@irishmethodist

Tel : 07739338444

Roe Valley Community Response

Coordinators

Limavady Urban-

Hospital Lane area Karen 07761601542

LCDI contact Ashleen 07720046169

Chruches forum contact Paul 07834974463

Community Nurse contact 07739338444 / 07926622210

Drumturn

Brenda 07730495794

Burnfoot

Derbhaile through Burnfoot Facebook page

Robert 07759005439

Gortnaghey

Eithne through the community centre

Katie 07851098477

Feeny

Karen through the community centre Facebook page

Katie 07851098477

Dungiven

Sean 07889352489

Benedy

Michelle 07925790171

Drumboughill

Ian 07803077410

Dernaflaw

Ruari 07720077705

Magilligan

Alice 07734114159

Glack

Orla 07834636038

Kitty 07934568211

Ballykelly and Largy

Emma 07858195753

Greysteel

Dermot 07713357592

Raymond 07912122184

Eamon 07746323258

Limavady Foodbank

Vouchers can be accessed via

Salvation Army

T : 028 777 68067 /

07834022257

Saint VdePaul

T : 07512360388

SW Scroggy Rd HC

T : 028 777 61111 / 61122

SW Bovally HC

T : 028 777 66352 / 66354

Dry Arch Centre

T : 028 777 42904

First Housing Floating Support

T : 07894096210

The Glens Community Association

For support in The Glens Area of Limavady

contact Tina McCloskey on

T. 07523224858 or via

The Glens CA facebook page

Limavady Baptist Church

Food, postage, fuel, medication, social contact, transport

. 07894663027

W. www.limavadybaptist.com

Limavady Cricket & Rugby Football Club

Food, postage, fuel, medication, social

contact, transport

T. 07894663027

Roe Valley Ancestral Researchers

Food, postage, fuel, medication, social contact, transport

T. 07565659444 / 02877764429

w. www.raschan.org

Dernaflaw Community

Food, postage, fuel, medication, transport for those isolating due to COVID-19.

T. 07742860807 / 07894638569

Feeny Community Association

Food, postage, fuel, medication, transport for those isolating due to COVID-19.

T. 07483120866 / 07851098477

Good Morning Limavady

New referrals can be made to manager@lcdi.com

Groceries Home Delivery Limavady Area

Marshal Lowe Delivery Service

Delivery of Fruit, vegetables, salads, eggs, milk, cheese, bakery items, desserts, and pre prepared foods and ready meals. Collection service also available

T : 07933872278 / 028 77769192

Sydney B Scott Delivery of Fruit Veg. And Essentials

Essentials of fruit, veg, milk, butter and bread in readymade boxes. These can be collected at our warehouse or can deliver to home. These boxes come in £10, £15 & £20 sizes. Add as much as you like to a box but they are unable to change boxes. Payment - Over the phone by card, via PayPal (account details available on request) or cash (collection from site only).

E : sales@sydneybscott.co.uk

T : 028 7034 2824

KBC Cash and Carry

Acorn Business Centre Ballymoney

T : 028 276 67724

Meat, Frozen Foods, Household Essentials and Drinks Delivered.

Free delivery to all of Causeway area, no minimum spend

Spar Magilligan

Running an order and deliver and order and collect service

T : 028 777 50219

Glenn's Butchers

Free home deliveries. Freshly made meals, frozen food, milk, eggs, bread potatoes and vegetables. Order via Facebook or phone.

T : 028 777 66644

Wiltshire Farm Foods

Unit 4, Loughanhill Industrial, Gateside Rd, Coleraine BT52 2NR Frozen ready meals delivered with contactless delivery.

T. 028 7035 8880

W. www.wiltshirefarmfoods.com

Lynas Food Outlet Delivery

Wide range of groceries, frozen food and household items £50 minimum spend, delivery charge £3.95 - 4.95

T. 028 70350600

W. www.lynasfoodoutlet.com

Coleraine

Articlave Village

Articlave and surrounding area. Shopping, Dog walking, Prescription collection, Food packages, phonecalls
Tel: 07731438391
Email: hazel_kidd@hotmail.co.uk

Building Ballysally Together Community

Support Line

Ballysally, Coleraine
Helpline set up offering deliveries of necessities – vulnerable adults / older people.
Tel : 07493521634

Millburn Community Association

Millburn, Coleraine
Social Enterprise Café offering deliveries to Elderly & Isolating Customers.
Tel : 07514815315 / 07740580123
(community donation drop off)

Oasis, Ashes to Gold

Causeway Coast and Glens
Mental Health Support
Tel: 028 703 43245
Text Message Service: 07860 021 262

REACH Portrush

Weekly delivery of small bag of essential groceries to anyone self-isolating in Portrush area. All households will be informed by leaflet drop. Volunteers welcome. Expected cost £5 per week.
Tel : 07929369228

Kilrea GAC

Offering support to everyone in the local community in the coming weeks, collecting prescriptions, groceries get in touch with any of the following members.

T : Martin 07710088195

Paul 07801298682

Ryan 07907911646

Anne 07701036565

Liz 07864684911

Helena 07890562573

Daniel 07825612517

Sean Bateson 07471688160

Eamonn 07746540060

Marie 07729061359

Sean Bradley 07796277186

Kilrea Young Farmers

There to support anyone who is struggling through this tough time with shopping, collecting medication or if anyone needs a chat. Message their Facebook page which can be found by searching 'Kilrea Young Farmers'

Good Morning Causeway (Coleraine)

Older and vulnerable residents
Daily phone calls to check on health and wellbeing
T : 02870558005

Causeway Foodbank

Vineyard Compassion
10 Hillmans Way
Ballycastle Road
Tues, Weds, Fri 11.30—1pm
Thurs 7-8pm
T : 028 7022 0005

Causeway Foodbank Community Hubs

Portrush Roisin SVP

T : 07508549574

Portstewart Terence SVP

T : 07508549701

Garvagh, Aghadowey, Kirea Tanya

(9am to 5pm Mon - Fri)

T : 07851273122

Harpurs Hill Anne SVP

T : 07752017340

Rasharkin GAC

Community Delivery Service for Elderly, Vulnerable or Self isolating in the Community that may require help. Collecting from Kennedy's Pharmacy, Fullans Eurospar and Today's Express. To access contact

T : Thomas 07834713738

Paul 07745004157

Terry 07749690537

Benny 07754481263

Cahal 07712675769

St. Vincent de Paul Kilrea

Telephone support from volunteers within the community. Friendly chat and if needed vouchers for food and emergency supplies. Onward referrals can also be made if needed.

T : 07597955305

Garvagh People's Forest

Online Community Meeting every Thursday at 2pm for more information email Karin

E. garvaghpeoplesforest@gmail.com

T. 07966202184

Eoghan Rua GAC

Portstewart and Triangle areas

Shopping, Prescription collection, Dog walking

The club has their own volunteer response to assist those in urgent need of help. Please share this information with anyone who could avail of assistance. Please contact any of the following for assistance.

Ryan: 077 3078 6942

Grainne: 077 1263 2688

Mark: 077 9502 7818

Joe: 077 4996 9595

Vinty: 075 4514 6804

Facebook : <https://www.facebook.com/coleraineegoghanrua/>

Garvagh Church Support

Main Street Presbyterian Church Rev.

Raymond Kelly Support: Anything that is needed. T : 028 2955 7406

St Paul's Church of Ireland Rev. Carmen

Hayes Support: Anything that is needed. T: 07907 579913

Garvagh Free Presbyterian Rev. Graham

Lucas Support: Anything that is needed T: 028 2955 7897

Killykeran Gospel Hall Contact Andrew

Usher Support: Anything that is needed T : 07849 375681

First Garvagh Presbyterian Rev. Mark

Donald Tel: 028 2955 8949 Support: Food Bank collection & distribution point and anything that is needed.

Aghadowey Church of Ireland Rev Louise

Crawford-McCafferty Tel: 07725 908117

Support: Tel & Text Check in Service, Volunteer Support & anything else that is needed.

Garvagh Young Farmers

Michael Torrens

Support: Can offer volunteers

T: 0788 5405945

Aghadowey Rural Kinship

Food, postage, medication, social contact, transport for those isolating.

T. 07793544264/ 07724999536/ 02870868819

W. <https://www.facebook.com/aghadoweyruralkinship>

Castlerock Community Association

Food, postage, fuel, medication, social contact, transport for those isolating and Vulnerable.

T. 02870810036

W. <https://www.castlerockni.co.uk/>

F. <https://www.facebook.com/castlerockni/>

Coleraine FC

Food, postage, fuel, medication, transport for those vulnerable and isolating due to COVID-19.

T. 07810620385 / 02870353655

w. www.colerainefc.com

Coleraine Festival Committee

Food, postage, fuel, medication, social contact for those vulnerable and isolating due to COVID-19.

T. 07772 272479 / 07814 264584

E. joannehoneyford2805@gmail.com

Coleraine Rugby Football, Cricket and Hockey Club

Covering - Aghadowey, Agivey, Articlave, Castlerock, Castleroe, Coleraine, Garvagh, Kilrea, Macosquin, Moneydig, Portrush, Portstewart, Ringsend. Offering—Food, postage medication delivered and transport.

T. 07764320363 / 07719206093 /

07551936244

W. <https://www.facebook.com/colerainerugby/>

T. @colerainerugby

Garvagh Development Trust

Social contact for those vulnerable and isolating due to COVID-19.

T. 07810204976

E. Administrator@gadda.co.uk

W. <https://www.facebook.com/garvaghcombuild/>

Macosquin Village Community Association

Food, postage, fuel, medication, social contact, transport offered for those vulnerable and isolating due to COVID-19.

T. 07456413559 / 07921293285

W. <https://www.facebook.com/Macosquin-Community-Assoc...>

Windyhall & Tullans Community

Food, postage and medication delivery for those vulnerable and isolating due to COVID-19. See Facebook for details

Harry Gregg Foundation

Harry Gregg Foundation Youth and Community

Supporting with food, medication, social contact and transport for those isolating due to COVID-19.

T. 07714994717

W. www.HarryGregg.com

Groceries Home Delivery

Coleraine Area

Spar Ballycastle Road, Coleraine

T : 028 7034 4785

Free deliveries around Harper's Hill

Spar Mussenden Road

Articlave/Castlerock

T : 028 7084 8238

Free deliveries for local people

Order before 11am daily

No delivery on Sundays

Spar Laurel Hill Coleraine

T : 028 7034 2875

Free delivery in the local area on a Friday

Orders must be in before 9am Friday morning

Kennys Spar Newmills Road Coleraine

T : 028 7035 4465

Deliveries for the Coleraine area

Deliveries everyday where possible

Order before 12noon for same day delivery

Min spend £20, pay by card.

Costcutter Sconce Road Macosquin

T : 028 7035 1460

Free delivery everyday to Macosquin area

McAtamneys Butchers Home Delivery

Garvagh

T : 028 295 58389

Coleraine

T : 028 703 57375

Meat products and ready made fresh meals

Call your local store to arrange delivery or collection, minimum spend £20

Spar Main Street Garvagh

T : 028 2955 8433

Deliveries in the local area

Costcutter Main Street, Garvagh

T : 028 2955 8207

Free delivery for Garvagh

Monday, Wednesday, Fridays

Call as early as possible for same day delivery

Costcutter Maghera Street Kilrea

T : 028 2954 0437

Free delivery for Kilrea

Spar Coleraine Road Portrush

T : 028 7082 2339

Free delivery in the local area

Call before 10.30am for same day delivery

No delivery on Sundays

Spar Greenmount, Coleraine

T : 028 7032 8338

Collection service pay by phone

Order will be brought to your car

Mace Crocknamack Street Portrush

T : 028 7082 3340

Delivery to Rodney Street and
Crocknamack only (limited staff)

Kanes Family Butchers Bushmills

T : 0282073 2636

Meat, meat parcels and fresh
produce. Free Delivery to all of
Causeway locality. Minimum spend
£15. Orders taken by phone.

KBC Cash and Carry

Acorn Business Centre Ballymoney

T : 028 276 67724

Meat, Frozen Foods, Household Es-
sentials and Drinks Delivered. Free
delivery to all of Causeway area,
no minimum spend

Fresh to the Door

T : 028 207 41555 / 07707053288

Delivery of potatoes, veg., fruit
packs, milk. Free delivery on orders
over £10. Payments can be made by
paypal to -
freshtothedoor@gmail.com or cash
on Delivery.

IP J Osbourne Butchers Portstewart

T : 02870832734

Delivery service within the
Portstewart Area. Order up until 2pm
Pay by card . Delivery between 3pm
and 5pm.

Supervalu Portstewart

T : 028 7083 2221

Telephone an order through
between 9am and 3pm for delivery
Payment by card, cash or cheque.

Chill Foodhall Coleraine

Fresh ready meals, frozen food,
meat, sauces and veg including meat
packs. Delivery £3-5 to Coleraine and
surrounding areas including Port-
stewart, Portrush and Ballymoney.

T. 028 70327757

E. chillfoodhall@gmail.com

W. www.chillfoodhall.com

Wiltshire Farm Foods

Unit 4, Loughanhill Industrial, Gate-
side Rd, Coleraine BT52 2NR Frozen
ready meals delivered with contact-
less delivery.

T. 028 7035 8880

W. www.wiltshirefarmfoods.com

Food-Drop

We operate mainly between Cole-
raine, Portrush, Portstewart and Bal-
lymoney. Free delivery anyone who
has been asked to 'shield' and orders
over £40 Delivery £3.95 (*Coleraine,
Portrush, Portstewart and Bally-
money*)

W. www.food-drop.com

Lynas Food Outlet Delivery

Wide range of groceries, frozen food
and household items £50 minimum
spend, delivery charge £3.95 - 4.95

T. 028 70350600

W. www.lynasfoodoutlet.com

Causeway Wide

Age Concern Causeway

Age Concern Causeway is offering the following services, Monday to Friday 9am to 5pm:

Collection and delivery of prescriptions (this has been approved by a substantial number of pharmacists)

Shopping and delivery of up to 5 food-stuffs and essential items

Telephone support, signposting and most importantly a listening ear to their concerns or simply to hear a human voice

Tel: 02870357966

Alzheimer's Society

Alzheimer's Society have suspended face to face Dementia Support visits but will be offering telephone support to people with Dementia and their families to provide information about Dementia, behaviours, activities to do within the home and emotional support. If you are in contact with people who have Dementia and/or carers who would benefit from this support please refer to our Dementia Support Service by phone or email. Dementia Support workers cover the whole of the Northern Trust area Monday to Friday 9am to 5pm.

Helpline 0300 222 1122

Dementia Support Worker for C'way

Tel : 07710379947 (Aoife)

Email : causeway@alzheimer's.org.uk

Chest Heart and Stroke

We are still in operation but all face to face contact has ceased temporarily.

We are however still able to provide emotional support to those affected with a respiratory or cardiac condition or those who have had a stroke. We are also able to support their carers.

Tel : 07714844209 (Gillian)

Email : gthompson@nichs.org.uk

Website : <https://nichs.org.uk/coronavirus-advice-chest-heart-and-stroke-conditions/>

Community Advice Causeway

CAC telephone lines are open Monday to Friday 9.30am to 1pm and 2pm to 4pm. Telephone appointments (where they will call client at home at a pre-arranged time) for help with benefit applications and complex queries will be offered for additional hours from 9am to 5pm Monday and Friday, 9am to 7pm Tuesday, Wednesday and Thursday, and 9.30am to 1pm Saturday.

Money advice - Annmarie O'Donnell,

Email : money@advicecauseway.com

Tribunal support and advice- Amanda Laverty

Email : appeals@advicecauseway.com

Advice 4 Health - Fiona Fingleton

Email : a4h@advicecauseway

COAST Causeway Older Active

Strategic Team

Anyone aged over 60 living in the Causeway Coast and Glens area needing extra support at this time can contact COAST for support and information

COAST Handyperson service is working on reduced services at the moment prioritising tasks such as fitting Keysafes for hospital discharge, care packages etc. with extra precautions put in place to protect clients.

Tel : 07517076815

Email : coast.manager@yahoo.co.uk

Facebook : www.facebook.com/coastnetwork

Northern Area Community Network (NACN)

NACN provide a range of support for individuals and groups to access including looking after your mental health, diet and nutrition, meal planning, daily recipe ideas, and the 5 Steps to wellbeing toolkit. Social Prescriber available for people that are isolated for telephone support. A range of remote programmes will be made available shortly.

T : 028 2177 7100

www.nacn.org

Links Counselling Service Northern Emotional Wellbeing Service NHSCT

For people feeling low in mood or suffering from Anxiety or suffering from mild to moderate Mental Health difficulties we're here to help. To set up an appointment for telephone or video counselling register at

www.links counselling.com/news

or

T : 028 383 42825

Building Communities Resource Centre (Causeway wide)

Community Navigator service

Community based support and links to services for Older People 50+ is available at BCRC Funded by PHA and NHSCT

Tel : 07593 130700 (Bronagh)

Email:

communitynavigator@theresourcecentre.org

BCRC 1+1 Bi-lingual Mental Health & Well-being support for Ethnic Minorities

can be accessed via telephone. Funded by PHA

Tel : 07922020044 (Michalina)

Email : Micha.one.plus.one@gmail.com

BCRC Bi-lingual support for Essential services for Ethnic Minorities

can be accessed via telephone. Funded by The Executive Office (TEO)

Tel : 07922020044 (Marzena)

Email: gosia@theresourcecentre.org

CRUN (Causeway Rural & Urban Network)

CRUN continues to support young people through the Brake programme and Year programme. The Spring social prescriber is in contact with service users via telephone. CRUN continues to share all relevant information on social media.

T : 028 7034 4934

www.crun.org

Staff contacts—

Manager - ann@crun.org / 0797144934

rose@crun.org / 07739446598

Spring - lorna@crun.org / 07909447781

Admin - derek@crun.org / 07787145343

Year - michele@crun.org / 07702211085

Brake - Helen@crun / 07873557988

COVID-19 Community Helpline

DfC has set up a freephone helpline for people in vulnerable groups in Northern Ireland to access information, advice about support in relation to COVID-19. The helpline is managed by Advice NI and is open 7 days a week from 9.00am to 5pm.

T : 0808 802 0020.

Email : covid19@adviceni.net

Text : ACTION to 81025

Macmillan Support and Information

Services (Cancer)

Macmillan Information and Support Service is still available to listen and support those affected by cancer including family and friends at this time. They can listen to worries and concerns and offer free, confidential support and advice. Northern Health and Social Care Trust

T : 028 9442 4046 / 077 9584 5435

Email :

CancerInformation@northerntrust.hscni.net

NHSCT Carer Hub

The Northern Trust Carer Hub is a central contact where you can be signposted to local support or receive other information. The Hub is available Monday to Friday 9am to 5pm

T : 02827661210

Email :

carers.coordinator@northerntrust.hscni.net

Action on Hearing Loss Support

T : 0808 808 0123

Textphone : 0808 808 9000

Email :

Information.nireland@hearingloss.org.uk

Alcoholics Anonymous

Support including online groups

To sign up please contact

T : 028 903 51222

Helpline : 0800 9177 650

Age NI Check and Chat Service

The 'check in and chat' service aims to help those older people who are self-isolating during the current pandemic and who may be lonely or anxious."

Anyone over 60 in Northern Ireland can avail of this service free of charge.

To receive a regular telephone call, contact Age NI Advice (Monday-Friday, 9am-5pm)

T : 0808 808 7575

Email : info@ageni.org.

Deafblind UK Wellbeing and Emotional Support Service

In depth assistance to people with sight and hearing loss. Free of charge and will enable people who are deafblind to talk to someone who is trained and experienced in Deafblind awareness, active listening, call handling, communication support, safeguarding, signposting, suicide and mental health issues. The service will be available via telephone, email, text, text relay, Skype and FaceTime.

T. 0800 132320

Text: 07950 008870

Text relay: Text relay: 18001 then 0800 132320

Facetime:

helpline.dbuk@deafblind.org.uk (Not BSL)

British Legion Support (for ex service men and women)

Weekly phone check in for vulnerable beneficiaries to touch base with them for regular contact and reassurance. Grant giving adapted to allow responsiveness to our beneficiaries

T. 0808 802 8080.

Diabetes Helpline

People living with diabetes with concerns about COVID-19 can contact the service 7 days a week including bank holidays – 9am until 3pm for 12 weeks until the end of June in the first instance.

T. 028 9536 0600

Email:

diabetic.helpline@hscni.net

Marie Curie Bereavement Support

Marie Curie has recently expanded its Information & Support service to support people who are terminally ill & those who have recently lost a loved one, who will be particularly impacted by the Covid-19 crisis. Helpline open 7 days a week. Info on visitation rules, funeral arrangements, how to access financial and other support, check-in and chat service where people can be befriended by a volunteer.

T. 0800 090 2309

W. www.mariecurie.org.uk/support

Women's Aid NI Domestic and Sexual Violence Helpline Free 24 hours a day (open to both men and women)

Help to access support for those adults and children experiencing Domestic and Sexual Violence at this difficult time of isolation.

T. 0808 802 1414

Macmillan Telephone Buddies and Community Helper Scheme

Befriending and emotional support to those living with cancer who may be experiencing loneliness and isolation due to shielding.

Macmillan Telephone Buddies is being rolled out and will launch in May. Please contact us for a referral form for either service.

E. dvsni@macmillan.org.uk

T. 07936364349

Rural Support Across the Hedgerow

Project

A project set up by Rural Support and the Young Farmers Clubs of Ulster to support Older and Vulnerable people through telephone calls. Self referral via the helpline

T. 0800 138 1678

Support for Farm Families with financial pressures, isolation etc contact

T. 028 867 60040

E. info@ruralsupport.org.uk

Turn2Us

Support with finances, helpline, benefits calculator, grant searches and charitable grant searches and covid specific support.

Monday to Friday, 8 am to 6:30 pm and Saturday, 9 am and 1 pm.

T. 0808 802 2000

W. www.turn2us.org.uk

Helplines NI website

UK and NI helplines that have been setup in response to coronavirus. To date, over 20 new helplines covering a range of topics (e.g. community helpline, befriending, government grants, pregnancy) have been established specifically in response to coronavirus.

W. www.helplinesni.com

CAN (Compass Advocacy Network)

Supporting individuals with Mental Health Issues or Disabilities offering Social contact and delivery of medication.

On social media at -

<https://www.facebook.com/compasspeople.co.uk/>

Twitter - @DirectorCAN

T. 02827667775 / 02827669030

W. www.compasspeople.org

Home-Start Causeway

Offering Social contact to families across the Causeway area.

T. 07763114627 / 02870321765

w. www.home-start.org.uk

North Coast Community Transport

Offering support with accessing food, delivery of medication and transport across the Causeway area in light of the COVID-19 crisis.

T. 02870321234

w. www.northcoastcommunitytransport.com

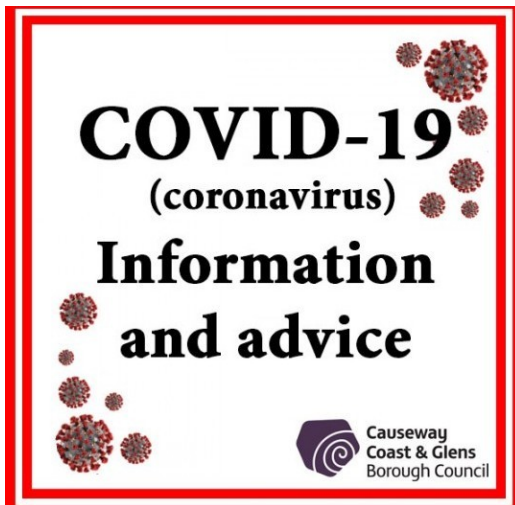
Zachary Geddis Break the Silence Trust

Supporting those affected by Mental Health issues. Suicide prevention. Offering social contact for those vulnerable and isolating due to COVID-19

T. 07931981962

E. yasmin@zacharygeddisbreakthesilencetrust.org

Community Notices and Information



Causeway Coast & Glens Council Community Support

We know these are unsettling times for our communities particularly the most vulnerable. Many local community response initiatives have been set up, with local volunteers providing invaluable support such as delivering food, prescriptions, checking in on people and whatever is necessary.

There will be initiatives from Department for Communities and Council will work with the Department and other organisations to provide facilities and resources.

At the minute we are trying to coordinate and develop our response and are really keen to hear what support we can provide to communities so please get in touch with us at community.development@causewaycoastandglens.gov.uk.

For now we've set up this community support information page which will be updated regularly with details of what support and initiatives are available.



A note from PSNI Crime Prevention Officer Judith Lavery.....

Scammers always try to use current issues to try to scam all of us..... eg Flybe and now possibly COVID 19.

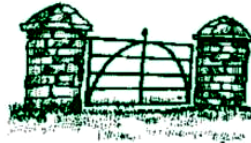
Cold callers- never allow anyone into your house without first checking ID and make sure your back door is locked before answering your front door. If you have a door chain on use it and always take time to check any ID. Genuine callers will not mind having to wait outside until you do this even if it means ringing the company or a family member or neighbour for help and advice.

Phone calls – never ever give out any bank or personal details. Your bank or any other organisation will never ask you for this on the phone. Hang up immediately.

Online – emails never click on any links as that may take you to a bogus site and never input your bank details on an email purporting to come from your bank or any other organisation.

It is about being aware and checking all details with family or friends or good neighbours and sharing concerns.

[https://
www.causewaycoastandglens.gov.uk
/live/community-services/covid-19-
community-support](https://www.causewaycoastandglens.gov.uk/live/community-services/covid-19-community-support)



Northern Area Community Network

In an effort to curb the spread of COVID-19, effective immediately the Northern Area Community Network Office is closed to the public until further notice.

Our phone will not be staffed at all times, therefore it is advisable to send an email.

We are available by email for your needs:

Breige Conway – Manager – info@nacn.org

Sandy Wilson - Community Development Officer – sandy@nacn.org

Ita McErlean - Community Development Officer – ita@nacn.org

Amanda Elliott - Suicide Prevention Development Officer – amanda@nacn.org

Veronica McKinley - Health Improvement Officer – health@nacn.org

Amanda McAuley - Spring Social Prescribing Coordinator – ama@nacn.org

Aine McCullagh - Finance Officer – accounts@nacn.org

Clare McKay – Peace IV Project Officer - peace@nacn.org

Susan McLaughlin – Administrator – susan@nacn.org

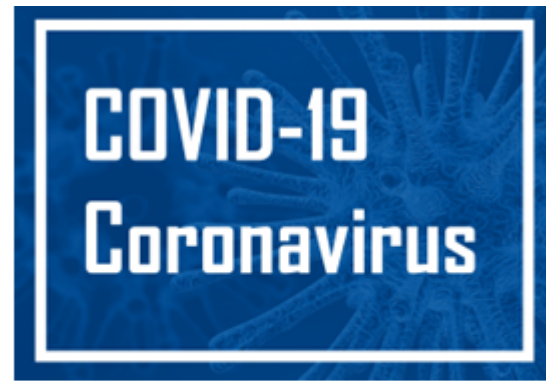
Claire Mooney – Administrator – claire@nacn.org

We will be happy to help you with your needs/queries.

Our Facebook Page will be updated regularly with advice and guidance –
<https://www.facebook.com/NorthernAreaCommunityNetwork/>

Thank you for your cooperation.

Northern Area Community Network



Please note:

BCRC offices and meeting spaces shall be closed to the public until further notice.

Following advice and guidance to date from PUBLIC HEALTH AGENCY with regards to Coronavirus/COVID 19, Building Communities Resource centre (BCRC) wish to reduce the risk of exposure to the virus to staff and the community and will maintain services remotely. Trainings and events will be postponed until further notice.

Please feel free to contact all staff members by telephone on BCRC landline 028 2766 5068 or by email which can be found on our website: www.theresourcecentre.org

Meetings will be planned through online meeting facilities such as Skype, Facebook and/or Zoom.

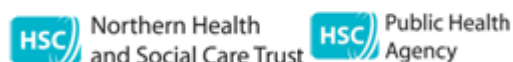
Further information on the virus can be found at
<https://www.hseni.gov.uk/news/coronavirus-covid-19-update>

Support for Older People
can be accessed via the
**Community Navigator for
Older People Causeway
Locality (50+)**



Please contact Bronagh : 07593130700

Email: communitynavigator@theresourcecentre.org



**BCRC 1+1 Bi-lingual Mental Health &
Well-being support for Ethnic
Minorities** can be accessed via
telephone

Please contact Michalina 07922020044



**BCRC Bi-lingual support for Essential
services for Ethnic Minorities** can be
accessed via telephone

Please contact Marzena: 07922020044

Or Email: gosia@theresourcecentre.org





To curb the spread of Covid-19 Causeway Rural and Urban Network
offices are closed to the public until further notice.

It will not be possible to have our telephone line staffed at all times and therefore we
would request that you contact us by email.

We are here to help and welcome your queries and requests for support.

Ann McNickle - Manager - ann@crun.org

Derek Powell - Finance, Billing and Building Enquiries—derek@crun.org

Lorna O'Neill - Spring Social Prescribing Project Officer - lorna@crun.org

Rose Smyth - Community Development and Good Relations - rose@crun.org

Michele Loughrey - YEAR Project Coordinator - michele@crun.org

Charlie Smyth—YEAR Project - charlie@crun.org

Helen Christie - BRAKE Project Coordinator- helen@crun.org

Michael Walker—BRAKE Project - michael@crun.org

You can also go to our social media platform for updated information

<https://www.facebook.com/Causeway-Rural-Urban-Network-113675518658181/>

Causeway Community Crisis Response Leaflet

People working together to help vulnerable people in our community

Group/ Action	Wash hands more often	Household isolation for 14 days*	Self - isolation for 7 days**	Social mixing in the community***	Having friends and family to the house	Use remote access to NHS and essential services****	Vary daily commute and use less public transport	Home working
0 – 69	Yes	Yes	Yes	Advised against	Advised against	Advised	Advised	Advised
70+	Yes	Yes	Yes	Strongly advised against	Strongly advised against	Strongly advised	Strongly advised	Strongly advised
Any age Member of vulnerable group with an underlying health condition ¹	Yes	Yes	Yes	Strongly advised against	Strongly advised against	Strongly advised	Strongly advised	Strongly advised
Pregnant women	Yes	Yes	Yes	Strongly advised against	Strongly advised against	Strongly advised	Strongly advised	Strongly advised
Those with serious underlying health conditions	As above, but further bespoke guidance will be provided by the NHS next week							


 Public Health
Agency

Coronavirus: What You Need To Do



Maintain social distancing



Wash your hands



Use a tissue for cough. Catch it, bin it, kill it

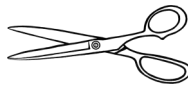
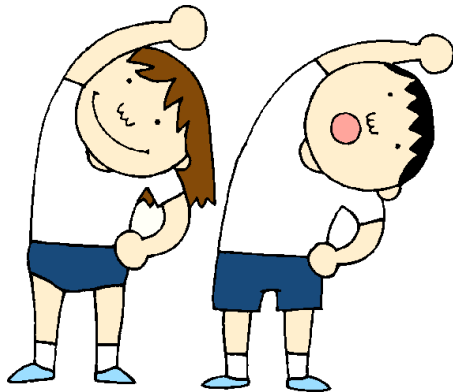


Avoid touching your face

[https://](https://www.publichealth.hscni.net/news/covid-19-coronavirus)
[www.publichealth.hscni.net/](https://www.publichealth.hscni.net/news/covid-19-coronavirus)
[news/covid-19-coronavirus](https://www.publichealth.hscni.net/news/covid-19-coronavirus)

At a time when we are more likely to feel isolated and be less socially and physically active it is important for us to look after both our Mental and Physical Health. The Public Health Agency provides excellent guidance on how to look after ourselves better through '5 Ways to Wellbeing.'

Why don't you try and apply them to your new daily routine!



If you wish to offer support to someone who is Older or Vulnerable in your community please cut off the slip below, fill in your details and post it through their letterbox, they can then contact you if they wish to accept your offer of support

Most of us know when we are mentally and physically well, but sometimes we need a little extra support to keep well.

There are five simple steps to help maintain and improve your wellbeing. Try to build these into your daily life – think of them as your 'five a day' for wellbeing.

Take5

steps to wellbeing

Connect
Connect with the people around you: family, friends, colleagues and neighbours at home, work, school or in your local community. Think of these relationships as the cornerstones of your life and spend time developing them. Building these connections will support and enrich you every day.

Be active
Go for a walk or run, cycle, play a game, garden or dance. Exercising makes you feel good. Most importantly, discover a physical activity that you enjoy; one that suits your level of mobility and fitness.

Take notice
Stop, pause, or take a moment to look around you. What can you see, feel, smell or even taste? Look for beautiful, new, unusual or extraordinary things in your everyday life and think about how that makes you feel.

Keep learning
Don't be afraid to try something new, rediscover an old hobby or sign up for a course. Take on a different responsibility, fix a bike, learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy. Learning new things will make you more confident, as well as being fun to do.

Give
Do something nice for a friend or stranger, thank someone, smile, volunteer your time or consider joining a community group. Look out as well as in. Seeing yourself and your happiness linked to the wider community can be incredibly rewarding and will create connections with the people around you.

The five ways to wellbeing were developed by the New Economics Foundation. Network designed in association with Belfast Strategic Partnership.

Public Health Agency, 12-22 Linenhall Street, Belfast BT2 8BS. Tel: 0300 555 0114 (local rate).

HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

☐ Picking up shopping

☐ Posting mail

☐ A friendly phone call

☐ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness