BCRC

Building Communities Resource Centre

For the community, by the community, with the community

NEWSLETTER September 2026

Community Health & Wellbeing Fair

BCRC
Acorn Business Centre, Ballymoney

Wednesday 30th September
4pm - 7pm

Come along & see the range of services available in your area





Refreshments Available

Stronger Together



BCRC

Building Communities Resource Centre

For the community, by the community, with the community

STRENGTHENING SOLIDARITY

ICIP

The INTERCULTURAL CROSS-BORDER INCLUSION PROGRAMME

Addressing racism and exclusion.

Share experiences, build connections and help create more inclusive, welcoming places

Join us for three Community Gatherings to:

- Identify challenges
- Share and learn from lived experiences
- Explore practical solutions together

Venue: Coleraine Town Hall
Dates: 7th, 21st and 28th October
Time: 7pm-9pm
Register by email: info@theresourcecentre.org

PEACEPLUS Northern Ireland - Ireland

The ICIP project is supported by the PEACEPLUS Programme

Donegal Intercultural Platform clg

inar

MSCNI

North West Migrants Forum

Rural Community Network

Cancer Friends Causeway Coast

When someone is diagnosed with cancer, they don't just battle the physical illness, they live with the range of emotions that come with it; fear, worry, anger, sadness, and loss of hope. Cancer Friends Causeway Coast was co-founded by Joanne Adams & Lyn Richie, as a direct response to the lack of locally-based support services for people affected by cancer. Joanne had been diagnosed with breast cancer in 2016 and knew only too well the excruciating physical & emotional pain that comes with it. She did not want others to suffer this journey alone, so Cancer Friends Causeway Coast (formerly Breast Friends Causeway Coast) established in 2017.

CFCC are a voluntary, not-for-profit organisation who rely on fundraising and grants in order to provide their services, available to cancer patients, as well as their family and carers. They provide regular weekly drop-ins where members can take part in craft sessions, receive free counselling, take part in wellbeing activities, such as yoga, acupuncture and reflexology, and most importantly, provide a safe space where people can come together, offer peer support, and feel less alone.

CFCC's services all have a focus on self-care, empowerment, and wellbeing. The activities and events are purposefully created to help people with cancer give themselves the best possible chance of overcoming the illness, by holistically supporting their health & wellbeing. As one member commented, "Within your family you want to stay positive but CFCC allows you a safe space to talk about your fears. I bring my mother-in-law who is 91 in August and she has recovered from blood cancer 4 years ago. So we have good stories and not so good but CFCC supports us through our journey whatever that may be."

It is pertinent to acknowledge that CFCC have lost members over the years, and this loss is felt deeply by the group members who have built close, meaningful relationships, and who share a difficult journey through their lives. Joanne and Lyn give so much of their time, energy and their hearts to this cause, and are grateful to everyone who helps out in whatever way they can. Another member said, "During my recovery from treatment, the group made me feel part of a caring community where I was understood and never felt alone."

At Building Communities Resource Centre's 2026 Annual Conference, Joanne received the Community Champion Award for her dedication to CFCC's members. There were 17 outstanding nominees in total, each of them telling a powerful story about dedication, kindness, and showing up for their communities. Joanne was nominated for this award because of the heart and soul she puts into supporting others through one of the most difficult times of their lives. "CFCC have helped me so much to find my confidence again, to give me a reason to get up and out again."

CFCC have recently moved to their new premises at 25 Church Street, Ballymoney and would like to let everyone know that their doors are open. If you would like to get in touch to find out more, or to offer support, please visit the Cancer Friends Causeway Coast facebook page or email – cancerfriendscc@gmail.com



CFCC
CANCER FRIENDS CAUSEWAY COAST





Good Relations Week INCLUDE By Michael McGlade, Community Relations Council

At a time when conversations around identity, inclusion and belonging remain increasingly important across Northern Ireland, the Community Relations Council has launched this year's Good Relations Week with the theme INCLUDE

Recent PSNI statistics have highlighted continuing concerns around sectarianism and hate-related incidents, reinforcing the importance of initiatives that promote understanding and create opportunities for people to connect.

Good Relations Week is an important way to bring people together.
Running from Monday 12 to Sunday 18 October, this annual event is one of the region's largest celebrations of peacebuilding, cultural diversity, and community connection.

This year's theme INCLUDE is both a challenge and an invitation:
"Include. Everyone. Everywhere. Everyday."

What to expect
The week will feature hundreds of events, ranging from workshops and panel discussions to film screenings, podcasts, and storytelling sessions – taking place throughout the region. It will provide a vital opportunity for people to connect and listen to different perspectives. The programme is designed to tackle difficult issues like racism and sectarianism head-on, while simultaneously celebrating the diversity that enriches our communities.

Why it matters
Inclusion requires active, everyday practice. Sometimes it is often the smallest things – a simple conversation, a word of encouragement, or simply feeling accepted – that have the most profound impact on someone's sense of belonging.
Good Relations Week is important because it amplifies this message of everyday kindness and respect. It reminds us that every person has a role to play in ensuring our neighbours feel valued and safe, regardless of background or culture.

How the VCSE sector can get involved
The true strength of this campaign lies in the people and organisations on the ground who make it possible. This is a direct call to action for the Voluntary, Community, and Social Enterprise sector. Charities, youth groups, community hubs, and volunteer organisations are the lifeblood of inclusion in Northern Ireland.
They do immense work helping to strengthen relationships and create shared spaces all year round. Good Relations Week is an opportunity to shine a spotlight on that vital work.
Event registrations are currently open. Add your organisation's activity to the official Good Relations Week programme, showcasing your commitment to a more connected society. Whether it's hosting a community coffee morning, a youth dialogue, or a cultural performance, your participation matters.

Let's ensure this year's programme is the most impactful yet. Get involved and register your events before the deadline on Thursday 01 October 2026.
To register your event and find out more, visit: https://goodrelationsweek.com/

Bi-Lingual Outreach Support

BCRC provides Bi-Lingual outreach support for Ethnic Communities within Causeway Coast and Glens area. We are supporting families and individuals with wide range of issues. Please contact info@theresourcecntre.org for more information.

Crisis Support:

Our Team provides fully confidential support for anyone facing crisis. Whether you need support with housing, benefits, food bank or emotional support - we are here for you.

Please contact: info@theresourcecentre.org for more information.

Community Development Support

We provide one to one or group support with community groups in capacity building, good governance, policy development, community engagement and wellbeing and funding support. If you would like to avail of this support, contact info@theresourcecentre.org



Surf Therapy

On 22 August, we launched our Surf Therapy programme in partnership with The Wave Project NI. Sixteen children and young people aged 8–18 are taking part in this six-week programme, designed to support and improve their emotional and physical wellbeing.



The sessions are delivered at Benone Beach, providing participants with the opportunity to experience the benefits of surfing & spending time outdoors in a safe, supportive environment.

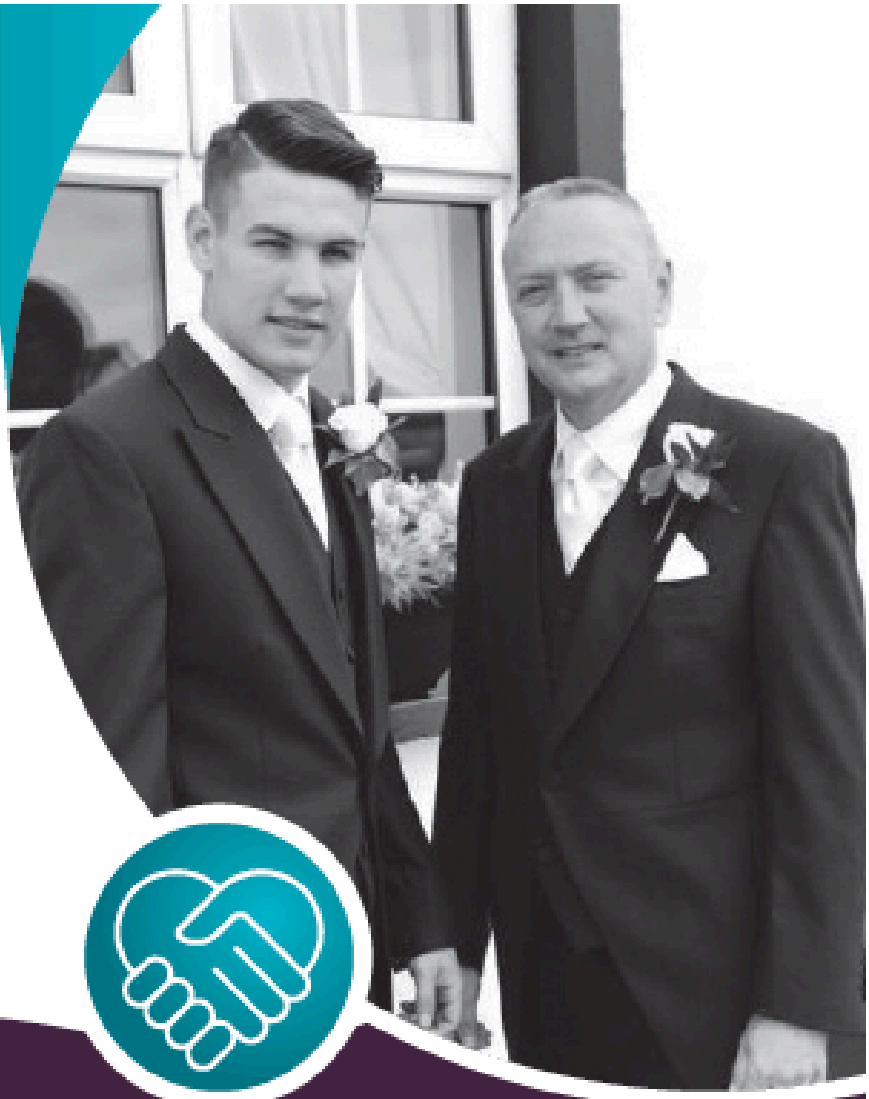
Evidence shows that surfing and other outdoor activities can have a positive impact on young people's wellbeing, helping to reduce stress and anxiety, build confidence, develop resilience, and improve self-esteem. Through Surf Therapy, participants are encouraged to challenge themselves, develop new skills, connect with others, and gain a greater sense of confidence and positivity about themselves.

We are delighted to support the children and young people taking part and look forward to seeing them grow in confidence and wellbeing throughout the six-week programme.

Have you lost someone to suicide?

You are not alone.

We are here to support you.



This is Seamus. He lost his son Thomas to suicide and is now a support worker with the **Bereavement Service**.

Seamus found the support he received so helpful that he is now helping others who have lost someone to suicide.

How we can support you

- **One-to-One Support Sessions** – private support at your own pace
- **Local Support Groups** – connect with others who understand
- Available across the Northern Trust area

Losing someone to suicide can be overwhelming. We offer free, confidential support for anyone affected by suicide bereavement at any stage of your loss.

Get Support or Find Out More

028 9441 3544 BBSService@northerntrust.hscni.net

HSC Public Health Agency
Project supported by the PHA

HSC Northern Health and Social Care Trust

SCAN ME



Older People's Parliament

15th October 2026

There was a fantastic response to the public survey. We are now assigning speakers for the Parliament, so if you would like to be involved, please email: ceo@theresourcecentre.org

Connecting Communities: BCRC at Hillsborough Castle

BCRC attended a special gathering for community groups at Hillsborough Castle, hosted by the Northern Ireland Office Minister, Baroness Anderson.

It was a real privilege to join community leaders and representatives from across Northern Ireland in the beautiful King's Living Room, and to have the opportunity to reflect on the vital role that community organisations play in supporting the people and places we serve.

Community organisations are at the heart of our communities - creating connection, providing support, listening to local voices and working alongside others to help build safer, more inclusive and positive places where everyone can flourish.

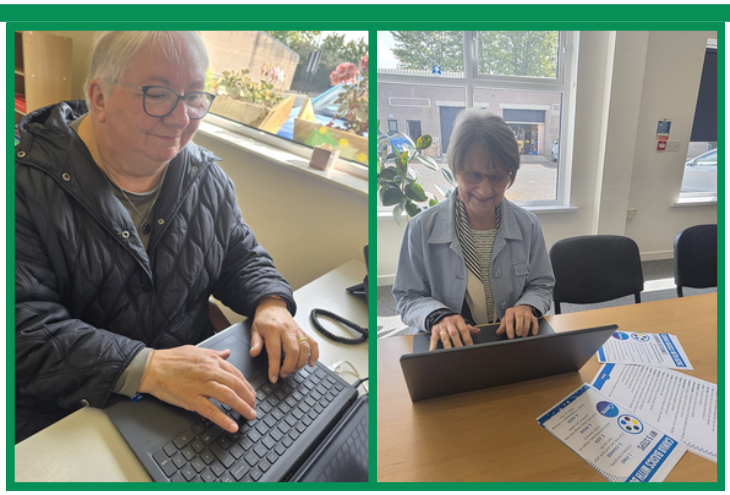
It was lovely to meet with others working across the sector, share experiences and hear about the incredible work taking place in communities right across Northern Ireland and connecting with Adriana Morvaiová from Arts Ekta.

A sincere thank you to Baroness Anderson for the invitation and for recognising the contribution of community leaders and organisations. It was a privilege to be part of the afternoon and to represent Building Community Resource Centre.

Partnership, connection and community continue to be at the heart of what we do.







Canva Basics with BCRC

Introducing the group to the world of Canva and helping them build their confidence in creating their own simple designs.

There was lots of hands-on learning, plenty of one-to-one support, lots of question and lots of laughter!

And this is just the beginning... we'll be planning a follow-up Canva session in November to build on what we learned today and explore a little more.





Community Development Placement





I've known about BCRC for years and really benefitted from some of the programmes they delivered, so when it was time to choose somewhere to do placement for my community development degree, it was BCRC that I wanted to learn with. The placement required the students to participate in a project, and I had no idea what I wanted to do.

I started as a nervous wreck; it didn't last long! Everyone was so kind and supportive. As I was feeling a bit out of my depth, the whole team were great at including me in the day-to-day tasks and ideas for future plans. I attended some fabulous events, conferences, workshops, and discussions.

Katherine and Hannah were great at guiding me to find a 'fit' with a project I could lead. As a team, we eventually decided I would lead the design and delivery of a workshop on coercive control and there was great support throughout the whole process. The workshop was a success and a wee milestone in how far I've come on in my professional journey.

Aside from the mentorship from both Katherine and Hannah, the extra mile the rest of the team has gone to with making me part of the team; from the Connection Café with Gosia and Marzena to the Emigrant's Walk up Carntogher Mountain with Fearghal and the chats about anything and everything with Danielle, this whole experience has been nothing but positive.

BCRC really have been the gold standard in Community Development with their dedication, wisdom and positivity. It's been a privilege to have done my placement here and the example of real, meaningful connection and empowerment has only strengthened my belief in what we can achieve when we work together. Thanks to all of you for making my placement such a brilliant experience!

Estelle



Put Your Thinking Caps On BCRC Pub Quiz!

Looking for a fun night out with friends, family or colleagues? Why not join us for our BCRC Fundraising Pub Quiz!
Get your team together, put your general knowledge to the test and enjoy a relaxed evening of fun, laughter and a little bit of friendly competition — all while helping to support the work of Building Communities Resource Centre.

Our Pub Quiz is a great opportunity to come along, meet others, have a bit of craic and support your local community organisation.

Most importantly, your support will help BCRC continue its work with communities and organisations across the Causeway Coast and Glens, supporting community development, inclusion, good relations and stronger, more connected communities.
So, save the date, get your team together and come along and support BCRC!

We'd love to see you there — come along, have some fun and help us raise funds to support our community work.

BCRC – supporting communities, connecting people and creating positive change.

BCRC DOES VINTED - CLEAR OUT FOR CHRISTMAS

Got clothes, accessories, shoes, bags or other pre-loved goodies sitting around that you no longer use? Why not have a pre-Christmas clear-out, book a table at our 'BCRC Does Vinted' event and make yourself a little extra money before Christmas at the same time!

We have limited tables available, so we'd recommend booking early to avoid missing out. It's also a great chance to come along and browse for a bargain, pick up some Christmas finds and give pre-loved items a new home - all while helping to support BCRC and the work we do within our community.

Friday 27th November
10am - 2pm
Tables just £10

To book a table: info@theresourcecentre.org



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crossroads
Youth & Community Association

Funded by UK Government

Community Voices East-West: Shared Challenges Shared Future
Collaboration and partnership between:
Building Communities Resource Centre & Crossroads Youth and Community Centre.
If you would like to get involved or want to hear more, please email Katherine at ceo@theresourcecentre.org



Learning, sharing and hitting the street with local feet



Working alongside Crossroads Youth Community Association, we heard stories and history from the Gorbals and surrounding areas, exploring the importance of community development & youth work, & the ongoing needs and challenges within the community.
We had the opportunity to meet with a local youth group at Way to Go Café, who are celebrating 30 years of youth work in the area.



We shared experiences and explored some important questions:
-What does community development look like in the Gorbals?
-What is the impact of working in the community & voluntary sector with maximum commitment but minimal and limited resources?
-How does social class shape the way people live and the opportunities available to them?
-What does integration look like — and where is integration still lacking?
-Why is the community and voluntary sector so often undervalued, despite the vital work it does?



We met with two incredible organisations, each offering inspiration, challenge and plenty to reflect on.
Glasgow Caring City was a phenomenal, creative and inspirational project that reminded us that the only boundaries are often those limited by our own imagination.
One of the things that really stayed with us was the simple but powerful questions at the heart of their projects and social enterprises:
-What are the benefits to the community?
-What are the benefits to people?
-What is the benefit to the environment?
Three questions that can challenge us to think differently about how we develop our own work and the impact we want to create.
We then spent time with Govan Youth Information Project, where we explored the importance of maintaining a cohesive and consistent staff team. We know that this doesn't happen overnight — it comes through investing in long-term projects, relationships and people.
We talked about the importance of creating opportunities for reflective and critical thinking within both youth and community work, and the difference that can be made when we give young people our time, attention and belief.





We are now planning and looking forward to welcoming the team from Glasgow to join us in CCGBC. If you would like to be involved during this visit,or share stories of community work in CCGBC, please get in touch, we would love to hear from you.
ceo@theresourcecentre.org

Connection Café



Connection Café is a vibrant space where people from all walks of life come together to dive into fascinating topics and share inspiring stories. Discover the flavours of the world as you explore global cuisines and immerse yourself in the rich traditions of diverse cultures-all in warm, welcoming space that celebrates connection and curiosity.
Next Connection Café will be on 22nd October at 7pm in Coleraine and we would love to have you there!
If you wish to join our friendly Connection Café please email info@theresourcecentre.org

Diverse Women's Circle



A space for women to connect, share stories, and build new friendships. We meet monthly in various coffee shops across the Causeway Area.
This is a safe, non-judgemental space where women support and empower one another.
This years programme is now fully booked.
Please follow our Facebook page for updates.
For more information please contact: info@theresourcecentre.org

Self-Care Workshop



BCRC recently held a self-care workshop for members of the community, giving participants space to reflect on their wellbeing and to begin building a personal self-care plan they can carry into their everyday lives. The workshop opened by looking at why self-care isn't a luxury but a foundation for coping with the pressures of everyday life.
A central part of the session focused on the real barriers that get in the way of self-care – time pressures, guilt, financial constraints and the sense that looking after yourself is somehow selfish. Participants were encouraged to speak openly about their own experiences, creating a supportive space where people recognised that they weren't alone in facing these challenges. Participants were given opportunity for group discussion, activities that encouraged self-reflection, and an A-Z list of self-care activities, and ideas for 2-minute self-care practices. This helped the participants to identify small, realistic actions tailored to their own lives and circumstances.

If you are an individual and you would like to attend this workshop, or If you are part of a group, and you would like to organise this for members of your community, **please contact Hannah on 028 2766 5068 or email info@theresourcecentre.org**

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Christmas Room Hire









Looking for a venue for your Christmas function?

Perfect for Christmas craft classes, wreath making, card making, bauble decorating, festive workshops and group get-togethers.

A variety of spaces available to hire from **£8 per hour**

Refreshments can also be included

GET IN TOUCH TO BOOK

Printing & Design Service

Contact:

info@theresourcecentre.org

028 2766 5068



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Communities Causeway Celebrates 'Poets of Place' for Poetry Day Ireland 2026

We received a phone call one afternoon in April, with a request from a lady who wanted to organise something very special and unique to celebrate Poetry Day Ireland. After the phone call there was a flurry of excited chatter in the office. We were all very inspired by Helena's vision.

The theme for Poetry Day Ireland this year was 'Home' and Communities Causeway wanted to organise an open and inclusive Poetry Event at Waterstones, Coleraine, where everyone could come along to recite a poem, either their own, or a poem written by someone else. As the theme centred around 'Home', Communities Causeway were keen to encourage representation from ethnic minority communities, aware that many people come to our country for various reasons, and that home isn't always a safe place to be. They also wanted to encourage poems to be recited in people's own languages, offering the audience a chance to connect with the feelings and emotions of the words.

The event took place on the 28th May and there were 17 poems read in total and 14 different languages spoken. We had a variety of people reading their own poems and those who read the works of notable poets from their country. We had a mix of ages, and the youngest poet, reciting her own work, was 12 years old.

The event highlighted the richness and diversity of our community and participants shared voices, stories and perspectives from around the world, reminding us of the many ways we find belonging and connection.

It was refreshing, uplifting, and inspiring to hear so many languages spoken in one space, showcasing the friendships and relationships that help strengthen our communities every day. A huge thank you to everyone who took part, recited poetry, and helped make this unique and unifying event such a success. Particular thanks to Helena and Angela of Communities Causeway, Causeway Coast & Glens Borough Council Good Relations Team, and Waterstones, Coleraine for making this happen.

Please enjoy this poem written Yasmine, aged 14

Daffodil Daydream

One sunset evening, I was having a daydream,
The clouds reminded me of meringue cream,
Or perhaps it was more opalescent,
For a moment I looked down from the sky,
And noticed something sunny-gold present.
An ocean of daffodils was all I could see,
And, oh look! There's even a bee!
As I observed the flora surrounding me,
I couldn't help but think...The bees can fly,
And the glowing daffodils were certainly never shy,
But us humans? I just realised we can only try,
We were never perfect, even if it may seem...
But don't let that be an affect because remember,
This is nothing but a daydream.
I'm actually at home, as I said, it's a daydream...
At home I day-vision of a perfect place,
My empire of success...But I try, I can only try,
And even in my visions, I'm comparing myself...
But what would the daffodils say?



New Service: Independent Review of Charity Accounts

BCRC is pleased to announce a new Independent Review of Charity Accounts service, designed to support small community and voluntary organisations across the CCGBC area.

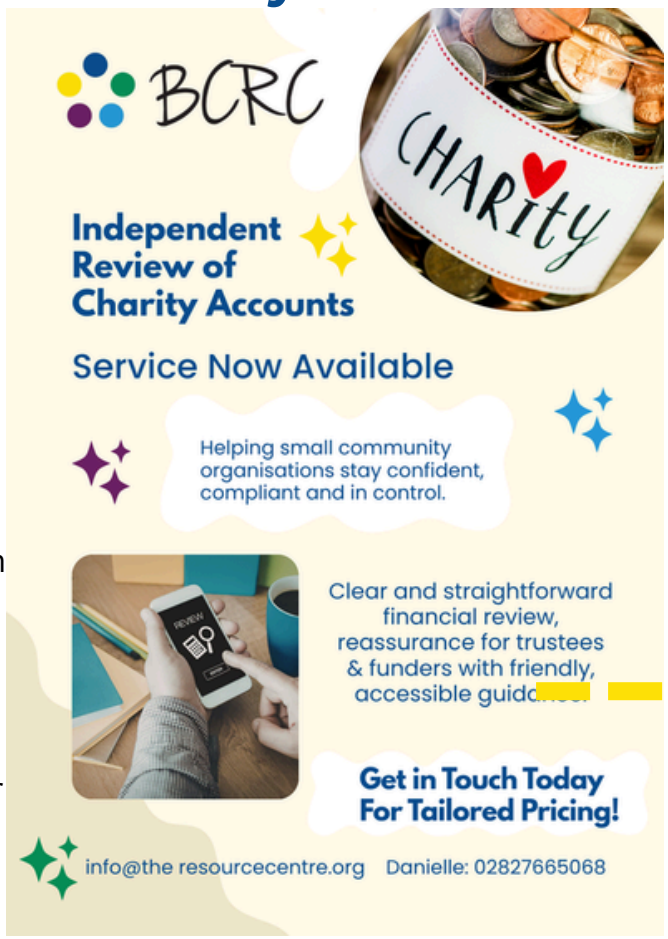
This service provides charities with a clear, professional and accessible independent examination of their accounts, helping trustees meet their legal responsibilities while giving funders, members and stakeholders additional confidence in the charity's financial management.

Our reviews are carried out in line with the Charity Commission for Northern Ireland's guidance "Independent examination of charity accounts: examiner's guide" (CCNI ARR07, June 2019). This ensures that examinations are completed with independence, accuracy and transparency.

BCRC understands the pressures faced by local organisations, which is why we aim to provide a supportive and straightforward service tailored to the needs of smaller charities and community groups. We can also offer practical guidance to help organisations strengthen financial procedures, improve record keeping and remain compliant with charity reporting requirements.

Whether your organisation is preparing for its annual reporting obligations or looking for reassurance that your financial controls are in good order, BCRC is here to help.

To find out more about the service or discuss tailored pricing, please contact Danielle on 028 2766 5068 or email info@the-resourcecentre.org.



Council and Ballybogey Over 50s Club host an Afternoon Tea to thank Ballybogey Community Association for over 40 years of service to their community





Mayor Dawn Huggins joined volunteers from Ballybogey Community Association, alongside the Over 50's Club and council officers, to celebrate and acknowledge their years of service to Ballybogey community. Former Chair of the Association, Alma Murphy cut the cake, marking the end of an era.

The Association took over management of Ballybogey Community Centre when it was built in 2011 and from it they ran a very successful youth club with 50 young people attending each week. As well as that, the Association were involved in Civic Weeks that saw the community come together for fancy dress, races, games and fun.

One of the highlights for Alma over the years was supporting the young people of Ballybogey to take part in the Mayor's Show and having the group dress up as cheerleaders as they performed on the floats. Alma also spoke fondly of the late Mrs Joan Christie OBE, Lord-Lieutenant of North Antrim who did everything she could to support the Association over the years.

As the Association winds down, Ballybogey Over 50s Club have taken on the day-to-day management of the Community Centre and continue to hold their fortnightly meetings where members can take part in activities, as well as enjoying a warm meal. If anyone would like more information about Ballybogey Over 50s Club please contact Hannah on 028 2766 5068 or email info@theresourcecentre.org

CIRCLE of CHANGE

A group of 15 people from different communities, who commit to learning about Northern Ireland through each other's stories and contribute to a better future together.

We developed The Circle of Change to tackle division and strengthen communities in Northern Ireland, against the backdrop of an increasingly polarised world. Each Circle of Change has 15 people representing the diversity of our local communities. Together, we learn about Northern Ireland from each other's stories and then contribute to a better future together.

We meet once a month for dinner over 8 months at BCRC. During our first 4 sessions, we create a safe environment to enable Circle members to share their experiences of living in Northern Ireland, supporting them to identify shared strengths and explore social challenges.

Over the next 4 sessions, we empower Circle members to raise money for their own Circle of Change fund, to invest in strengthening grassroots projects which tackle social issues they have identified.

174TRUST
BUILDING PEACE
PROMOTING RECONCILIATION

An Roinn Gnóthaí Eachtracha agus Trádála
Department of Foreign Affairs and Trade
RECONCILIATION FUND

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For the community, by the community, with the community

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For the community, by the community, with the community

PROMOTE YOUR BUSINESS
SUPPORT YOUR COMMUNITY

Local businesses, organisations and service providers can advertise in the BCRC newsletter for a small fee.

Your support helps BCRC continue its work in the local community.

Promote your business. Reach local people. Support BCRC.

Contact BCRC for advertising options and prices
info@theresourcecentre.org | 028 2766 5068



Thank You to The Ireland Funds 'Heart of the Community' Fund

BCRC would like to acknowledge a grant received from The Ireland Funds which supported the work of our Community Development Officer, Hannah. Through this grant we have been able to provide assistance to local voluntary groups and charities, who provide vital services in the heart of their communities.

THE IRELAND FUNDS

This includes groups tackling social isolation, food poverty, health & wellbeing initiatives, and who are managed by volunteers who dedicate their time and energy into making life better for the people in their area. We have also been able to support a number of groups and individuals to take part in various workshops designed to support and encourage conversations around confidence, self care, and coercive control. The impact of this grant has been evident in the meaningful dialogue and connections that have been made through these workshops.

The Ireland Funds is one of the largest independent grant makers throughout the whole of Ireland, supporting arts, culture, community development, education, innovation, and peace and reconciliation. The 'Heart of the Community' fund has recently opened for Round 2 and this will support projects with a focus on arts and culture.

We'd like to say a huge thank you to the Ireland Funds for making this work possible, and for helping us build on relationships with our communities, and to provide support to volunteers, groups and individuals who want to actively engage with their community, and to improve the lives of, not just themselves, but to others.





CAUSEWAY ANTI – HATE CRIME FORUM



A heartfelt thank you to everyone who joined us at Coleraine Town Hall today for our Anti-Hate Crime event. We are incredibly grateful to the members of the public who took time out of their day to attend, listen, share and show their support for creating safer, more welcoming and inclusive communities for everyone. Bringing people and organisations together for open conversations is an important step in challenging prejudice, raising awareness and standing united against hate crime. Thank you to everyone who helped make today's event so positive and worthwhile. Together, we can continue to build communities where everyone feels safe, respected and valued.

GLOBAL GUYS

Global Guys is a new, low-key community project bringing men from local and diverse communities together in a relaxed and welcoming environment. Through coffee, chats, cinema trips and informal social activities, the project provides an opportunity for men to meet, share experiences and build friendships across different backgrounds. No pressure, no agenda — just a chance for guys to get together, have a bit of craic and help build stronger connections within our community. More info: fearghal@theresourcecentre.org



Where will I find 1+1 for more information or support?

Ballymena/Ballymoney
Units 22-23 Acorn Business Centre
2 Riada Avenue, Ballymoney,
BT537LH
Tel: 028 27665068

Email: info@theresourcecentre.org

Scan Me

THE 1+1 PROJECT

YOU ARE NOT ALONE

BCRC Stronger Together

HSC Public Health Agency

Project supported by the PHA



GLOBETROTTERS: CULTURAL SUMMER CAMP

What an incredible three days we've had at our Globetrotters Cultural Summer Camp! Children from across the Causeway Coast came together to explore the vibrant cultures of India, Venezuela Humanitas Initiative , and Ukraine through art, dance, music, crafts, games, and lots of fun.

A huge thank you to our amazing facilitators, who brought so much energy, enthusiasm, and authenticity to each session. They even surprised the children with thoughtful gifts from their home countries, making the experience even more memorable.

It was wonderful to see so much curiosity, creativity, and laughter as the children discovered new cultures, made new friends, and celebrated the diversity that makes our communities so special.

Thank you to everyone who joined us—we can't wait for the next adventure!

WE WANT YOUR

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Celebrating
— 25 YEARS —

EMAIL
INFO@THERESOURCECENTRE.ORG

Riverside Park Buzzing for BEAM in the Park







BEAM in the Park returned to Riverside Park, bringing almost 500 people together for an afternoon of fun, activity and community connection, while promoting the importance of looking after our mental health & wellbeing.

This was a free community event, bringing the park alive with entertainment, sport, games, creative activities and opportunities for people of all ages to spend time together.

One of the highlights of the afternoon was the BEAM Duck Race, which saw more than 150 colourful ducks take to the river, cheered on by crowds along the bank.

There were families picnicking, children playing, people trying new activiites, music and dancing and hundreds of people simply enjoying being outdoors and spending time together.

BEAM extends a massive thank you to everyone who helped make BEAM in the Park possible, from the performers and activity providers, to brilliant volunteres who supported and a warm thank you to the almost 500 people who came along, joined in and helped create such a positive atmosphere in Riverside Park.









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Turn your daily shopping into *everyday magic* for BCRC with easyfundraising



You shop, brands donate to us. It won't cost you any extra!

Every time you shop with your favourite brands, you help us support **our community.**

- Supporting local people and families through our services
- Providing training, events and community activities
- Creating safe, welcoming spaces for everyone

It's easy to make a difference!

1. **Visit** www.easyfundraising.org.uk
2. **Sign up** and search for us
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Scan to get started!

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